

# MAIL-IN & EMAIL PRE-REGISTRATION IS AVAILABLE UNTIL MIDNIGHT ON TUESDAY, OCTOBER 16TH.

YOU CAN GO TO [PROMARKKARATE.CA/TOURNAMENT](http://PROMARKKARATE.CA/TOURNAMENT) TO PRE-REG WITH OUR ONLINE FORM.  
ONLY PAYABLE VIA CERTIFIED CHECK/MONEY ORDER OR E-TRANSFER.

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Belt: \_\_\_\_\_ Nov / Int / Adv Gender: \_\_\_\_\_  
(Age as of April 30, 2023) (Coloured belts, please circle)

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Club Name: \_\_\_\_\_

## DIVISIONS (Please write in division number)

Kata/Forms # \_\_\_\_\_  Self-Defense # \_\_\_\_\_

Weapons # \_\_\_\_\_  Flag Catch # \_\_\_\_\_

Sparring # \_\_\_\_\_  Chanbara # \_\_\_\_\_  
(Padded Sword)

Musical # \_\_\_\_\_

# of Spectator Passes: \_\_\_\_\_

Spectators under 5 and 60+ are free

The applicant hereby releases and forever discharges Mark Yates, Promar Karate, Promar Karate's Instructors, the Listowel Legion, and Authorized Guests from any and all actions, claims, and demands whatsoever from damages, loss, theft or injury however arising which may be sustained by the applicant in consequence of any participation at this event. I am fully aware of my medical condition, and hereby certify that I am mentally and physically capable of competing at this event.

X \_\_\_\_\_ Date: \_\_\_\_\_

Signature of competitor if over 18 years of age, or of parent/guardian.

**FOR MAIL-IN REGISTRATION: PROMAR KARATE  
190 MITCHELL RD S  
LISTOWEL, ON  
N4W 3B3**

**E-MAIL REGISTRATION: [SHIHAN@PROMARKKARATE.CA](mailto:SHIHAN@PROMARKKARATE.CA)**

**CERTIFIED CHEQUES/MONEY ORDERS ARE PAYABLE TO PROMAR KARATE,  
E-TRANSFERS CAN BE SENT TO [SHIHAN@PROMARKKARATE.CA](mailto:SHIHAN@PROMARKKARATE.CA)**

**TOURNAMENT  
FEE: \$45/3  
DIVISIONS,  
EACH  
ADDITION  
DIVISION \$10**

**SPECTATOR  
FEE: \$10  
(CHILDREN  
UNDER 5 &  
ADULTS 60+  
ARE FREE)**

Who is a spectator? A spectator is a guest who is not a competitor who is coming in to watch the tournament. This could be parents, siblings, grandparents, family friends, or other non-competing team members.