PRE-REGISTRATION IS AVAILABLE UNTIL MIDNIGHT ON TUESDAY, DECEMBER 3.

YOU CAN GO TO PROMARKARATE.CA/SHIAI TO PRE-REG WITH OUR ONLINE FORM. PAYABLE VIA E-TRANSFER TO SHIHAN@PROMARKARATE.CA

REGISTRATION FEE: \$35/3 DIVISIONS, ADDITION	
	ION \$10
TATOR	
\$5 DDEN E	
DREN 5 UNDER &	
TS 60+	
REE)	
or is a guest not a competito	
coming in to	
he tournament. Ild be parents,	
or Passes:	
riends, or other	
npeting team	

The applicant hereby releases and forever discharges Mark Yates, Promar Karate, Promar Karate's Instructors, Listowel Agricultural Hall, and Authorized Guests from any and all actions, claims, and demands whatsoever from damages, loss, theft or injury however arising which may be sustained by the applicant in consequence of any participation at this event. I am fully aware of my medical condition, and hereby certify that I am mentally and physically capable of competing at this event.

Х

_____Date:_____

Signature of competitor if over 18 years of age, or of parent/guardian.

Register by going to promarkarate.ca/tournament and attaching your registration form or e-mailing your registration form to "shihan@promarkarate.ca".

Please send in e-transfer payment for competitors and spectators with your registration form. Put the competitors full name on the e-transfer. Send e-transfers to shihan@promarkarate.ca

We will email you when we receive your forms and payment.